

When Parents Meet the Adolescent Brain: A Biopsychosocial Approach to Youth Thriving

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Moderator : Prof. Ben Li (Associate Professor)
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Abstract

Adolescence is a critical developmental period of both vulnerability and opportunity. Meanwhile, the developing brain of adolescents is very sensitive to social influences. During this transition period, how are adolescents shaped by sociocultural environments and who are more sensitive to such influences? Moreover, how do specific parenting behaviors get “under the skin” to influence adolescents? This talk will present a research program that integrates neuroimaging and longitudinal surveys to investigate these questions. This line of research provides a powerful framework for developing and refining brain-informed and culturally-sensitive practices that promote positive youth development.

Biography

Beiming Yang is a postdoctoral fellow at Northwestern University, where he earned his PhD in Human Development and Social Policy. His research brings together longitudinal surveys with neuroimaging to pinpoint risk and resilience for adolescents’ psychological, social, and academic development.

ALL ARE WELCOME