

Understanding the Psychosocial Impact of Cancer on Hong Kong Chinese Immigrants in the UK During the COVID-19 Pandemic

SPEAKER: DR. MICHELLE MOK
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Meeting ID: 822 7146 3422 Password: 935347
Moderator : Prof. Ben Li (Associate Professor)
Language : English

Abstract

In this seminar, I will discuss my recent research on the psychosocial impact of cancer among Hong Kong Chinese immigrants in the UK, with a special focus on the challenges posed by the COVID-19 pandemic. This study is particularly relevant to understanding the experiences of Hong Kong immigrants and offers insights into the cultural factors that affect their access to healthcare services in a foreign system.

The study involved a reflexive thematic analysis of individual interviews that identified key themes related to cultural beliefs, help-seeking behaviours, and barriers to healthcare utilisation. The findings reveal significant under-utilisation of health services by Chinese immigrants in the UK and provide actionable recommendations for enhancing healthcare engagement.

Attendees will gain an understanding of the unique challenges faced by Hong Kong Chinese immigrants in an overseas healthcare system, the importance of cultural sensitivity in healthcare, and strategies for developing tailored interventions. The seminar will also explore how these findings can inform our approach to immigrant health in Hong Kong and beyond, addressing cancer inequalities and improving psycho-oncology practices.

This seminar is particularly relevant for those interested in clinical health psychology and cultural studies.

Biography

Dr. Michelle Mok is a clinical psychologist qualified from the Doctorate in Clinical Psychology (DClinPsy) in University College London (UCL) and currently working within Hong Kong's public healthcare system. Dr. Mok has a keen interest in clinical and health psychology, cultural impacts on healthcare, and psychology workforce development. Beyond her clinical role in Hong Kong, she also has a parallel position as an honorary lecturer at the Research Department of Clinical, Educational and Health Psychology at UCL, providing teaching and mentoring to doctoral students and participating in selection interviews. Her recent research explores the health beliefs and health-seeking behaviours of Hong Kong Chinese immigrants in the UK.

ALL ARE WELCOME